WILLS SURGERY CENTER
PLYMOUTH MEETING

Turning an eye for excellence to same day surgery.
FAST FACTS ABOUT WILLS EYE HOSPITAL

- Wills Eye Hospital (WEH) has received top honors in the country for the last 25 years by U.S. News & World Report.

- Associated Services for the Blind named Ophthalmologist-in-Chief Dr. Julia A. Haller the Louis Braille Special Recognition Honoree. This award honors individuals who have made significant contributions on behalf of the visually impaired.

- Wills doctors are consistently the best in the city. Of the 24 ophthalmologists Philadelphia magazine gave top honors to in its 2015 annual rankings of best doctors, 13 are members of the Wills Eye Medical Team.

- Our team consistently raises the bar for ophthalmology by spearheading cutting-edge treatments and procedures, such as the first worldwide use of a medication to treat vitreomacular adhesion.

- Our doctors continue to diagnose and treat the most difficult ophthalmology cases, including over half of all pediatric ocular oncology cases worldwide.

- Patients come from all over the world to receive care. We have treated patients from every state in the U.S. and from five continents.

- Wills on Wheels, our state-of-the-art mobile eye clinic, travels into the tristate community to provide top level care for those who are unable to visit one of our centers.

- The Wills Eye Manual, a reference guide for both medical and surgical cases, continues to be the number one most trusted source for ophthalmologists across the country.

- As experts in all areas of ophthalmology, Wills Eye physicians are frequently invited to be guest lecturers all around the country and the world.

- Give Kids Sight Day, our annual pediatric outreach program, has given the gift of sight to thousands of children since its inception in 2009. Children are treated to a free eye exam and pair of glasses, who otherwise could not afford either.

www.willseye.org
PREPARING FOR SURGERY

SCHEDULING YOUR SURGERY
You will need to fill out a history and physical form within 30 days of surgery. Ask your surgeon whether he or she will complete the form, or whether your primary care practitioner will, and whether you need to do anything to help.

- Ask whether you need to have any lab work done and when you should schedule it.

- Tell your surgeon about any medications you take on a regular basis—including any over-the-counter medication such as aspirins or herbal remedies. Ask whether you need to stop taking them prior to surgery, and if so, how far in advance.

- Although it is not mandatory, you can call to set up an appointment to meet with an anesthesiologist prior to the day of your visit to discuss the best anesthetic for your procedure.

ONE WEEK AHEAD
Arrange for a responsible adult to accompany you home and stay with you for the first 24 hours. You will not be allowed to drive yourself home.

- If there is any change in your physical condition, such as a scratchy throat, runny nose or fever, call your surgeon right away.

www.willseye.org
PREPARING FOR SURGERY

THE DAY BEFORE SURGERY
Our nursing team will call you with your pre-operative instructions and arrival time. We would be happy to answer any questions you may have. If your surgery is on a Monday, you will be called on the Friday before your procedure. If you don’t receive this call by 4:00 p.m., please call the hospital at 215-928-3100.

- Do not eat or drink anything after midnight including gum or a glass of water, unless you get specific instructions otherwise from your surgeon or the nurse.

THE DAY OF SURGERY
Dress in light, loose clothing. Button shirts are preferable to pullovers. Loose, drawstring pants are ideal. Do not wear makeup, nail polish, jewelry, hairspray or perfume of any kind.

- Bring a list of all your current medications and their doses including any over-the-counter medications or vitamins.

WHAT TO EXPECT AFTER SURGERY
After surgery, you’ll spend some time in the recovery area where the nursing staff will care for you until you’re ready to leave. A family member or friend is welcome to sit with you.

WHAT TO DO FOR THE FIRST 24 HOURS
Let your responsible adult caregiver take care of you. You may feel fine, but this is not the time to pull weeds or organize your taxes. Sit, relax and allow yourself to be pampered for a day.

www.willseye.org
The Wills Surgery Center is located in the Plymouth Corporate Center at 625 Ridge Pike, Building B.

From the Schuylkill Expressway: Exit the expressway (Exit 331 B) onto Route 476 North. Turn off Route 476 at the first exit (Exit 18 A-Approx. 2.5 miles). Make a right-hand turn at the stop sign. Turn right into the Plymouth Corporate Center. The Wills Surgery Center will be on your left in the first building.

From the Pennsylvania Turnpike: Take PA Turnpike to Norristown exit. Exit the PA Turnpike in the far right lane. Follow the sign for Germantown Pike East. On Germantown Pike, stay in right lane. At Chemical Road (first traffic light), turn right. Once on Chemical Road, pass through the fifth traffic light (Ridge Pike). Just past the Gas Station, look for the entrance to the Plymouth Corporate Center. Turn right into the center. Building “B” is the building on the right. Go to the stop sign. Turn right into the Center's parking lot.

625 Ridge Pike, Building B, Conshohocken, PA 19428 (610) 834-9700

Visit our website
www.willsnet.com
or call
1-877-AT-WILLS
WILLS SURGERY CENTER
Informed Consent for Pain Procedures

You have a pain problem that has not been relieved by routine treatments. A procedure, specifically an injection or operation, is now indicated for further evaluation or treatment of your pain. There is NO guarantee that a procedure will cure your pain, and in rare cases, it could become WORSE, even when the procedure is performed in a technically perfect manner. The degree and duration of pain relief varies from person to person, so after your procedure, we will reevaluate your progress, then determine if further treatment is necessary. Your physician will explain the details of the procedure listed below. Tell the physicians if you are taking any blood thinners such as PLAVIX, Aspirin, Coumadin, Lovenox or HEPARIN, as these can cause excessive bleeding and a procedure should NOT be performed. Alternatives to the procedure include medications, physical therapy, acupuncture, surgery, etc. Benefits include increased likelihood of correct diagnosis and for of decrease or elimination of pain.

Risks are

- Increased pain and allergic reaction from local anesthetics, iodine, contrast (X-Ray dye), materials containing latex, IV anesthetics and/or other medications
- Allergic reaction from steroid; facial flushing, elevation in blood glucose, headache, increased appetite, weight gain, swelling, menstrual irregularities, hoarseness, numbness, infection, abnormal heartbeats, increased blood pressure, stroke, heart attack, insomnia, etc.
- Infection on skin, tissue, bones, joints, discs, nerves, ligaments, possibly blood stream (Sepsis), brain and spinal cord (Meningitis) may require hospitalization
- Bleeding into epidural space (Epidural Hematoma) and into spinal canal (Spinal Hematoma) may require surgical interventions such as an evacuation of blood from epidural space or spinal canal and decompression surgery
- Nerve damage, nerve injury, tissue injury, tissue damage, temporary and permanent numbness and/or weakness, paralysis, spinal cord injury, urinary and/or fecal incontinence
- Headache ("Spinal headache") may require blood patch (injecting your own blood into epidural space) and hospitalization
- Death
- Sterile Ganglion Block: In addition to the above complications, hoarseness, difficulty swallowing, seizure, air in lung requiring a chest tube in the hospital
- Trigger Point Injection, Peripheral Nerve block, Occipital Nerve Block: In addition to the above complications, air in lung (Pneumothorax) requiring chest tube in hospital, local pain from tissue and/or nerve irritation, dimpling of depression in skin.
- Joint injection: In addition to the above complications, injection and fluid collection in the joint(s) may require antibiotic treatment, fluid aspiration and surgical interventions.

Procedure:

The incidence of serious complications listed above requiring treatment is low, but it may still occur. Your physician believes the benefits of the procedure outweigh its risks or it would not have been offered to you, and it is your decision and right to accept or decline to have the procedure done. I have read or had read to me the above information including the Pre-Procedure Patient Instruction page. I UNDERSTAND there are risks involved with spinal procedure, to include rare complications, which may not have been specifically mentioned above.

The risks have been explained to my satisfaction and I accept them and consent to any procedure which is performed by Dr. Young Lee, Dr. U. Purewal, Dr. M. Purewal, Dr. Ezeadichie, Dr. Rinnier, Dr. Manabat, Dr. Puri, Dr. Reyes, Dr. Pryzbylkowski, Dr. Park, Dr. Jalali, Dr. Varghese and/or their associates in Relieuus, LLC. I herein authorize physicians, nurse practitioners and their associates in Relieus, LLC to perform this procedure. I also understand that one of the greatest risks involved with pain management procedures involves various medications taken, allergies and my general medical condition. I will inform the doctor of any blood thinning medication taken or any changes in other medications, allergies or medical condition prior to any procedure.

X Patient or his/her legal guardian X Date X Witness

Medical Provider Declaration: I and/or my associate have explained the procedure and the pertinent contents of this document to the patient and have answered all the patient’s questions. To the best of my knowledge, the patient has been adequately informed and the patient has consented to the above described procedure.

X Medical Provider’s Name X Medical Provider’s Signature X Date

Relievus.com
1030 North Kings Highway | Suite 200 | Cherry Hill, NJ 08034 | P 888-893-ASAP (2727) F 609-561-8832
2 Eighth Street Hammonton, NJ 08037 P 888-985-ASAP (2727) F 609-561-8832
PRE-PROCEDURE PATIENT INSTRUCTIONS FOR PAIN MANAGEMENT

(Your procedure is done at an Ambulatory Surgical Center or Hospital)

- Come with an empty stomach
- Do NOT eat (no food, no cereal, nothing) or drink anything (no water, no soda, no coffee, no tea, no Gatorade, nothing) at least 8 hours prior to your procedure.
- Do NOT chew gum or suck on any candy/mint (no gum, no mint, no candy, no cough drops)
- If you are taking “blood thinning” medications, we must have a letter from the prescribing physician giving permission for you to stop the medication for the appropriate time period. Do not stop your medication until you have discussed this with your prescribing doctor and have written permission.

Injectable Medications:
- Aggrastat (tiopronon) Stop 8 HOURS prior to procedure
- Angiome (bivalirudin) Stop 14 days prior to procedure
- Arixtra (fondaparinux) Stop 7 days prior to procedure
- Heparin Stop 24 hours prior to procedure
- Integrilin (epifibatide) Stop 8 HOURS prior to procedure
- Ipriflavone (desirudin) Stop 14 days prior to procedure
- Lovenox Stop 24 hours prior to procedure
- Novanest (argatroban) Stop 14 days prior to procedure
- Orgaran (danaparoid) Stop 7 days prior to procedure
- Repludan (lepirudin) Stop 14 days prior to procedure
- ReoPro (abciximab) Stop 2 days prior to procedure

Medications Taken by mouth:
- Aspirin or aspirin containing medications (such as Excedrin) Stop 7 days prior to procedure
- Brilinta (tricarbol) Stop 8 days prior to procedure
- Coumadin (warfarin) Stop 5 days prior to procedure
- Dicumarol/dicumarol Stop 5 days prior to procedure
- Effient (prasugrel) Stop 2 days prior to procedure
- Eliquis (apixaban) Stop 3 days prior to procedure
- Elmiron Stop 5 days prior to procedure
- Exanta (elagatran/ximelagatran) Stop 14 days prior to procedure
- NSAIDs (ibuprofen, Naproxen, Diclofenac, Aleve, Motrin, Advil, Mobic, Duexis, Zorvolex, Zipsor, Vivolodex, Meloxicam, Voltaren, Arthrotec, Relafem, Indocin, Celebrex or similar anti-inflammatory medications etc.) Stop 3 – 5 days prior to procedure
- Persantine (dipyridamole) Stop 2 days prior to procedure
- Plavix (clopidogrel) Stop 7 days prior to procedure
- Place (cilostazol) Stop 2 days prior to procedure
- Pradaxa (dabigatran) Stop 2 days prior to procedure
- Xarelto (tiracapaxaban) Stop 2 days prior to procedure
- Ticlid (ticlopidine) Stop 14 days prior to procedure
- Vitamin E Stop 3 days prior to procedure

- Do NOT take NSAIDs (ibuprofen, Naproxen, Diclofenac, Aleve, Motrin, Advil, Mobic, Duexis, Zorvolex, Zipsor, Vivolodex, Meloxicam, Voltaren, Arthrotec, Relafem, Indocin, Celebrex or similar anti-inflammatory medications etc.) 3 – 5 days prior to your procedure (Acetaminophen = Tylenol is acceptable)
- Do NOT take Vitamin E, Fish oil, Garlic, Ginko, Ginseng 5 days prior to the procedure
- If you are not sure, please feel free to ask us or call your local pharmacist
- Continue to take your blood pressure pills, seizure medications, asthma medications, thyroid medication, pain medications as prescribed/scheduled with a sip of water.

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You should have an ESCORT to drive you home due to the nature of the procedure. THIS IS MANDATORY! THE DRIVER MUST MEET you in the hospital or Ambulatory Surgery Center to escort you to the vehicle. The driver cannot wait for you in the car. Procedures will be cancelled if you do not have a driver.

You might require pre-procedure blood work if your procedure is a Discography, Disc Decompression or Spinal Cord Stimulator insertion. If your doctor gave you a prescription for blood work, the results must be sent to this office no later than two days prior to your procedure.

If you are having a DISCOGRAPHY you will be given a prescription for a post-discography CT scan. Please go there immediately after the discography, they are expecting you.

If you are allergic to LATEX, please tell the physician immediately.

If you are allergic to SHELL-FISH, IODINE CONTRAST, IVP dye or CT scan contrast, please tell the physician immediately.

Please arrive 30 minutes before your appointment time. This allows us time to complete the necessary paperwork and nursing assessments prior to the procedure.

Wear loose fitting clothing the day of your procedure.

Do not apply powder or cream over the area where the procedure is to be performed.

For more information, visit our website www.relievus.com or call the office at (888) 985-2727

Female Patients
- If you are pregnant or trying to get pregnant, you MUST inform us immediately.
- Urine pregnancy test will be done prior to the procedure at the facility.

Diabetic Patients
- If you are a DIABETIC, you need to let us know and we will schedule your procedure early in the morning.
- Take ½ of your insulin morning of your procedure only.
- DO NOT take any oral diabetic medications.
- Please, check your glucose (finger stick) at home on the procedural day.

The above instruction was given to me and/or my guardian(s) at least 72 hours prior to the procedure. I have read or had read to me the above information including the surgical consent. I have followed the above instruction.

Patient or Legal Guardian’s Name: __________________________________________

Patient’s signature: ______________________________________________________

Date: ______________
HOME CARE INSTRUCTION AFTER PAIN PROCEDURE

INSERTION SITE CARE:
- Ice packs, if needed for the 1st 24 hours. Warm moist heating pads after that.
- May alternate ICE & HEAT every 10 minutes after 24 hours.

ACTIVITY
- Take it easy today! REST for 24 hours. Then, increase activity as tolerated.
- If you have weakness or numbness anywhere caused by the pain block, limit activity until sensation returns to normal.
- You may take a shower the next day and remove the band-aids.
- Avoid tub baths, whirlpools and swimming pools for the next 2-3 days.
- If you received sedation via IV or you took any oral sedative medication (Valium, Xanax, Ativan or Klonopin), DO NOT drive any vehicle, DO NOT operate any equipment for the next 24 hours and DO NOT make any important decision for the next 24 hours.

DIET & MED
- Drink plenty of fluids and resume normal diet as tolerated.
- Resume your medications as instructed including pain medication.
- Resume “Blood Thinners” Plavix, Coumadin, ASA, etc as scheduled.
- You may take extra Tylenol and/or Motrin (Ibuprofen) if pain at the injection site.

WHAT TO EXPECT AFTER THE PROCEDURE
- You may experience increased pain for 24 hours to 5 days after the injections, or a stiff, full, tight feeling. This is normal. Use ice and heat as needed.
- You may have bruising at the injection site. If so, apply ice.

NOTIFY YOUR DOCTOR IF ANY OF THE FOLLOWING OCCUR at (888) 987-2727
- Any skin rashes, hives, shortness of breath, or wheezing.
- An increase in your level of pain unrelieved by regular means.
- Persistent nausea or vomiting.
- Persistent headache which worsens upon sitting or standing.
- Chills/fever (temperature greater than 101 F).
- To help us check the results of your pain block, please note if and when your pain returns. Also, record the time you begin taking any pain medications.
- Any other questions/concerns call the doctor’s office at (888) 985-2727

FOLLOW UP
- You should have a follow up appointment within 2-3 weeks. Please call the office at (888) 985-2727 for a follow up appointment.
- Please try to remember quality of pain relief (0 % ~ 100 % pain relief) and the duration (3 hours, 1 day, 14 days, etc.)

X Patient or his/her legal guardian X Date

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PATIENT NO SHOW AGREEMENT/ PENALTY

Welcome to RELIEVUS. We are glad you have made an appointment for yourself or a family member. Effective October 1, 2017 we will enforce a new Cancellation and No Show Policy for Procedures. In order to provide you with high quality health care it is important for you to keep your scheduled appointment with the medical provider. Valuable time has been reserved for you or your family member. A missed appointment or late cancellation of an appointment results in lost time which could have been given to another person waiting to receive care. Every day we get many calls for appointments. By cancelling your appointment as soon as possible we can help other patients who are waiting to be seen.

Our office will try to call 1-2 days ahead and remind you of your appointment; however, it is your responsibility to keep record of your appointment and to arrive on time. If you need to cancel or reschedule your appointment please call 24 hours in advance between the hours of 8:00 am and 5:00 pm. Patients who cancel appointments with less than 24 hours’ notice will be considered a No Show. Every No Show visit will be recorded in your chart. Multiple No Show appointments within a six month period can end your ability to make appointments for procedures/treatments, EMG and EEG testing. We realize that an emergency may occur, and you may not be able to notify us. We will discuss that situation with you when it happens.

No Show Fee: You will be charged a fee of $100.00 for each no show. You will still be able to receive medical services with our providers.

After Three (3) No Shows: Your scheduling privileges will be suspended for six months and be treated for conservative care only, depending on provider availability. We cannot guarantee that you will be seen.

Thank you for working with us to ensure that services are provided to all of our patients in the best possible way.

Acknowledgement of No Show Agreement/ PENALTY

Signed: ____________________________ Date Signed _____________

Print Name: ____________________________ Date of Birth _____________

If Patient is a Minor Print Name ____________________________ Date of Birth _____________